**Opportunities and News for Volunteers** 

The

**RSVP of Central Oklahoma** 

May 2025

Ph. (405) 605-3110

# Be a part of the lifesaving work at Our Blood Institute (OBI)

OBI has been a RSVP of Central OK partner for years! And the volunteers who serve with OBI lead by example when it comes to commitment to a cause and the benefits of serving together! OBI also leads the way in teaching our community about the need for blood donors and for volunteers who help make the critical gift and work of blood donation possible. And more!! Wondering how you can help?

## There are lots of ways to serve!

- ★ Welcome donors at blood drives across OK County
- Spread the word about blood donation through the Social Media Ambassador Program
- Give Jamie at RSVP a call!



#### Announcing new opportunities to serve with Team RSVP!

- ★ Join a team of RSVP volunteers
- ★ Serve with a community partner at a time that works for you!
- **★** Make an impact!

Meet good folks and get things done for others...together! Check out

these opportunities and meeting times to see if there is a team that works for you! Note: Each team has opportunities for all abilities, if it sounds interesting, give Jamie a call!

- Team RSVP at Skyline Garden (South OKC): Harvest produce and learn about growing vegetables and garden care. Mondays (2x Month) 8:30-10am or Thursdays (2x Month) 8am-9:30am
- ★Team RSVP at Classen Senior Pantry (Near Midtown): Greeting and helping shoppers while restocking shelves. 4<sup>th</sup> Wednesday 8:30am-1pm (1x Month)
- **Team RSVP with Oklahoma Blue Thumb (Multiple Locations):** Monitoring local streams for water quality and conservation. Time is determined by the team (1x Month) Training is required and is free to RSVP volunteers. The next training is May 31-June 1.
- Team RSVP at Autumn House (MWC): Share your talents and love for visiting by participating in a service project with our friends at Autumn House Senior Housing. Time is determined by the team. (1x Month)



### Meet new RSVP Executive Director, Abbi Hershey!

Join us on Tuesday, May 6th for a come-and-go coffee hour from 9:30am-10:30am at St. Luke's Methodist Church located at 222 NW 15th St. OKC, OK 73103. (Parking is along 15th St.) Stop by to say hello to Abbi and thank you to our friends at St. Luke's & Meals On Wheels OKC for hosting us!







Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1 Report April Volunteer Hours	2	3
4	5	6 Coffee Hour at St. Luke's	7	8	9	10
Happy Mother's Day!	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26  Memorial Day RSVP Office Closed	27	28	29  RSVP  Neighborhood  Connection	30	31 RSVP RSVP RY WINDOWN OF THE STAND OK Blue Thumb Training in OKC May 31-June 1



May RSVP Neighborhood Connection-Thursday, May 29, 11am-1pm at The Edmond History Museum located at 431 S. Blvd in Edmond. Thank you to our sponsor, OG&E!

Learn about The Edmond History Museum from Executive Director, Amy Stephens along with opportunities to serve! 11am-12pm: Lunch & Program, 12pm-1pm: Come for the meeting, stay for the tour! Check out the first School House in Oklahoma Territory! Thank you to the Edmond Historic Preservation Trust for leading the tour!



Interested in Team RSVP with Oklahoma Blue Thumb? Sign up for their next training in OKC! May 31-June 1. Learn all about water quality, water systems in Oklahoma and water conservation. Training is free to RSVP volunteers. Reach out to Jamie for the training registration link.



Mental Health First Aid for Older Adults Certification

June 2, 8am-5pm in Norman, OK This certification is offered through Mental Health First Aid OK and is intended for anyone who is a part of, connected to or who supports older adults and their families. Spaces are limited, so if you are interested in registering, let us know and we can send you the details!